

“What Do You Focus On?”
2 Kings 6:8-17; Matthew 14:22-33

Introduction

1. “What Do You Focus On?” *Scripture*
2. Do you know of anyone who at 4AM will wake up saying Good Morning, Singing, Excited for the day?
3. Know of a person – had a T-shirt on in the morning that said, “Just hand me my coffee and back off.”
4. One of my favorite bumper stickers – Did you wake up grumpy today or did you just let him sleep?
5. Attitude – if we tracked our attitude it would point to what we focus on.
6. Do you dread the morning or do you look forward to the morning? What are you focused on?
7. Think about your life – do you dread tomorrow based upon today, or do look forward to tomorrow based on today?
8. What do you focus on? What are you looking at that consumes you – your thoughts, your actions, your reactions, your plans, your expectations?
9. Two stories – one from the OT, one from the NT – that relate to this question – What do you focus on?

I. Do you focus on the Seen or the Unseen? (2 Kings 6:8-17)

A. V 8-14 – Tell the story

B. V 15-17 – READ

C. Question 1 – Do you focus on the Seen or the Unseen?

1. Seen – We see the trouble surrounding us. We’re living in it. We try to cope with it.
 - a. COVID 19 – It is weaving into the entire fabric of our lives – permeating everything.
 - b. Physical Trouble – pain, aging, our looks, physic, average – nothing special.
 - c. Emotional Trouble – situations/circumstances – causing fear, anxiety and stress; continuous changes with family, finances, future; people feeling useless and unwanted.
 - d. Trouble in Thinking – chaotic, confusing, a constant drain of energy to keep alert.
 - e. Spiritual Trouble – torn inside and we don’t know why -so we search, and try and embrace – continually coming up empty. (Basketball’s “Pistol Pete” Maravich tried all kinds of philosophical thoughts and religions and found no peace – but when He came to Christ, he had absolute inner peace.
2. Unseen – The Lord wants our eyes to be open to see that He’s there, surrounding us with all that He is – the Unseen ready to do battle with the Seen in our lives.
3. Our trust in the Lord lets us “...look not at the things which are seen, but at the things that are not seen...” (2 Cor. 4:18) --- This is not living in ignorance or denial, but in faith, trusting the Lord in all things no matter what it looks like.

II. Do you focus on the Storm or on the Savior?

A. V 22-29 – Tell the story.

B. V 30-33 – READ

1. Do we have faith to be able to do miracles – like walk on water?
2. Or – Do we have faith to trust in the One who walks on water in the middle of the storm?
3. I wonder – did Jesus carry Peter back to the boat; did Peter walk back – we don’t know.
4. But – the storm raged until they got in the boat.
5. Many times, we want the storm to cease in order to have peace.
6. Jesus wants us to have peace in the middle of the storm.

C. What is your storm?

1. What’s causing you difficulty?
COVID 19 – fear, frustration, being tired of it? A Person? Circumstances?
2. Focusing on the Son brings Worship and Praise! Who is the Son – the Savior Jesus Christ.
3. **Do you focus on the Storm or on the Savior?**